

## *No Contracts*

There are no annual contracts. Membership is month-to-month and must be cancelled by the last day of the month to be effective the first day of the following month.

## *30-Day Membership Guarantee*

Y Memberships are protected with a 30-Day Membership Guarantee. If you are not completely satisfied and wish to cancel within the first 30 days, all fees will be refunded. Joining fees are not refundable after 30 days.



## *How to Join*

New members pay a pro-rated fee for the first month, along with the one-time joining fee. Memberships cancelled for longer than 60 days and reinstated will require a new joining fee. Monthly membership dues are automatically



# *Crescenta-Cañada & Verdugo Hills Family YMCAs*

## *The YMCA's Charitable Mission*

The YMCA is one of the nation's largest and most well known charitable organizations. We pride ourselves in organizing our programs and services around the needs of our local community.

While membership fees are used to maintain facilities, the Y's charitable work is made possible through donations by our members and donors through our Annual Community Support Campaign. These funds allow us to offer financial aid, scholarships, and program services to a wide range of children, youth, teens, adults and seniors throughout the local area. Please consider an additional tax-deductible

Crescenta-Cañada Family YMCA  
1930 Foothill Blvd.  
La Cañada-Flintridge, CA 91011  
(818)790-0123 • (818)952-3359 FAX

### *Facility Hours*

M-F 5:00 am - 10:00 pm  
Sat 7:00 am - 7:00 pm  
Sun 10:00 am - 6:00 pm

Verdugo Hills Family YMCA  
6840 Foothill Blvd.  
Tujunga, CA 91042  
(818)352-3255 • (818)352-0779 FAX

### *Facility Hours*

M-F 5:30 am - 10:00 pm  
Sat 7:00 am - 7:00 pm  
Sun 11:00 am - 5:00 pm

For holiday hours and schedule changes visit our web site  
[www.ymcafoothills.org](http://www.ymcafoothills.org)

## *MEMBERSHIP*



*...so POWERFUL, the entire community is strengthened.*



## You May Wonder...

“...how does membership in the YMCA benefit me, my family and my community all at one time?”

That’s simple, the Y reaches out to the community by offering a wide variety of programs and services. Whether it’s through youth sports, child care, senior services or through YMCA camps, we emphasize core values of respect, responsibility, honesty and caring. Your membership helps to provide opportunities. Without even thinking about it, you’ll touch a life. And that makes the entire

### Crescenta-Cañada Facility Membership

Facility membership entitles members the full use of the facility including free weights, fitness equipment in the wellness center, racquetball courts, pool, gymnasium, whirlpool, dry sauna, cycling room, cardio & aerobic exercises, yoga studios, lockers and towel service. Facility members receive discounts on programs and classes.

When possible the Y offers facility members early on-line registration to high demand programs such as summer camps.

**BONUS:** Full facility privileges at the Verdugo Hills Fam-

### Verdugo Hills Facility Membership

Facility membership entitles members the use of the full facility including free weights, life fitness circuit equipment in the wellness center, gymnasium, pool, cycling room, cardio & aerobic exercises and lockers. Facility members receive discounts on programs and classes. When possible the Y offers facility members early on-line registration to high demand programs such as summer camps.

**BONUS:** Full facility privileges any Saturday or Sunday at our Crescenta-Cañada Facility!

### Program Membership

A YMCA Program Membership allows community members to register for YMCA of the Foothills paid programs. The annual fee of \$75 is non-refundable and tax-deductible. Program membership does not entitle bearer to facility usage other than to attend programs in which registered.

## Classes & Programs

The Y offers a wide range of classes for all ages with both individual and group emphasis. Classes are offered in the Aquatics, Gymnastics, Healthy Lifestyles, Youth Sports, Senior Programs and Teen Activity departments. Topics range from Aerobics to Yoga. Many classes are free with Facility Membership.

*Members are encouraged to schedule a FREE one-on-one session with a Healthy Lifestyles Counselor to assess their*



## Babysitting & Childcare

Babysitting and Childcare services are offered FREE to family members during their visit to the Y. Members other than Family Members pay \$5 per child. (Adult must stay at the Y. There is a two hour limit on all care.)

### Crescenta-Cañada Babysitting & Childcare Hours:

M - F 8:00 am - 8:15 pm (closed 1:15 pm - 3:00 pm)  
 Sat 8:00 am - 1:15 pm  
 Sun 11:00 am - 2:15 pm

### Verdugo Hills Babysitting & Childcare Hours:

M - TH 8:00 am - 8:00 pm (closed noon - 3:00 pm)  
 Fri 8:00 am - 8:00 pm (closed noon - 4:00 pm)  
 Sat 8:00 am - noon



## Fees:

### Crescenta-Cañada Family YMCA

| category                   | Monthly Fee<br><i>Automatic Draft</i> | Joining Fee<br><i>One-time fee</i> |
|----------------------------|---------------------------------------|------------------------------------|
| Youth<br>(3-15 yrs)        | \$16                                  | \$39                               |
| Young Adult<br>(16—21 yrs) | \$47                                  | \$79                               |
| Adult<br>(22-65 yrs)       | \$57                                  | \$99                               |
| Senior<br>(65 +)           | \$47                                  | \$79                               |
| Family                     | \$86                                  | \$159                              |

*Additional household adults (22 & older) \$30.00 monthly*

### Verdugo Hills Family YMCA

| Category                   | Monthly Fee<br><i>Automatic</i> | Joining Fee<br><i>One-time fee</i> |
|----------------------------|---------------------------------|------------------------------------|
| Youth<br>(3-15 yrs)        | \$16                            | \$39                               |
| Young Adult<br>(16—21 yrs) | \$37                            | \$49                               |
| Adult                      | \$47                            | \$79                               |
| Senior<br>(65 +)           | \$37                            | \$49                               |
| Family                     | \$72                            | \$125                              |

*Additional household adults (22 & older) \$30.00 monthly*

**FINANCIAL ASSISTANCE AVAILABLE  
TO QUALIFIED APPLICANTS**

*Fees Effective January 1, 2011*

### YMCA Core Values

The YMCA works hard every day to model and promote our Core Values of Caring, Honesty, Respect and Responsibility, through our programs, services, staff and volunteers.