

## Youth & Government

**Who:** Students in 9<sup>th</sup> - 12<sup>th</sup> grade  
**When:** September 14<sup>th</sup>  
Wednesdays, 7:00 - 8:30pm  
**Where:** Crescenta-Cañada &  
Verdugo Hills Family YMCAs  
**CCY:** Returning Member Night - 9/14  
New Member/Parent Night - 9/21  
**VHY:** New Member/Parent Night- 9/21  
Both returning member & new member nights  
take place at **CCY**  
**Fees:** \$995 Facility Member  
\$1045 Program Member

**Fee Includes:** Training, Two Conferences, Transportation & 62<sup>nd</sup> Model Legislation & Model Court in Sacramento

Youth & Government provides students with practical experience in the study of state government. Participants study issues, draft legislation, and learn how to present their legislation in a committee, and debate it on the floor of the House or Senate. Youth & Government also includes a judicial program and special programs for pages, print and video journalists, legislative lobbyists and legislative analysts.

The highlight of the program is a trip to Sacramento in February where the students will preside over all aspects of the state government.

**Supported by state and local officials**  
**Youth & Government is a valuable program for all teens!**

### Contacts:

CCY - Jennipher Malagon, (818) 790-0123 ext. 209  
VHY - Cameron Singleton, (818) 790-0123 ext 215



## Model United Nations

**Who:** Students in 6<sup>th</sup> - 8<sup>th</sup> grade  
**When:** Parent & New Member Info. Night:  
February 22<sup>nd</sup>, 2012  
**Delegation Meetings Begin March 7th**  
Wednesdays, 6:30 - 8:00pm  
**Where:** Crescenta-Cañada Family YMCA  
**Sign Ups:** February 22<sup>nd</sup>  
Trips include: Statewide Training Conference &  
Statewide Model UN Summit Conference

The California YMCA Youth and Government Model United Nations (Model UN) program is a simulation of the "real-life" United Nations Assembly. Delegates will research, debate and establish policies, treaties and resolutions focusing on international issues including disputes between countries, peace-keeping responsibilities, border crises, stabilizing financial markets and dealing with hunger, disease and poverty.

## CCY Y DANCES

**This program is for 7th and 8th grade students ONLY!!**

- Y Dances begin September 24th
- Admission is \$5 and must have student I.D.
- Dances are from 7:30 - 10:00pm on SATURDAYS
- Dances are once a month and the schedule will be posted online at [www.ymcafoothills.org](http://www.ymcafoothills.org)

**FIRST DANCE**  
**Saturday, September 24th**



FOR YOUTH DEVELOPMENT™  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# ENSURE A BRIGHTER FUTURE

## Teen Leadership Programs 2011-2012



**Crescenta-Cañada Family YMCA**  
1930 Foothill Blvd.  
La Cañada Flintridge, CA 91011  
(818) 790-0123

**Verdugo Hills Family YMCA**  
6840 Foothill Blvd.  
Tujunga, CA 91042  
(818) 352-3255

[www.ymcafoothills.org](http://www.ymcafoothills.org)

## WOMEN IN TRAINING

**Who:** Young Women in 9<sup>th</sup> - 12<sup>th</sup> grade  
**When:** Coming in Spring 2012!

Registration & Fee information to be announced at a later date.



Women in training is a program for young women to explore critical issues facing them today. Through seminars, team building activities and clinics, these young women will learn about:

- Health & Nutrition
- Self Defense
- Financial Stability
- Career Goals
- Relationships with Family & Friends

Contact: (CCY) Jennipher Malagon,  
(818)790-0123 ext 209 or  
jennipherm@ymcafoothills.org

## JR. HIGH EFEX

**EFEX:** **Everything Fun, Everything Xtreme!**  
**Who:** Students in 7<sup>th</sup> - 8<sup>th</sup> grade  
**When:** September 27<sup>th</sup>- June 5<sup>th</sup>  
Tuesdays, 7:00 - 8:30pm  
**Where:** Crescenta-Cañada Family YMCA  
**Fee:** \$25 Facility Members, \$40 Program Members  
\*Fees are per session. 2 Sessions: Fall and Spring  
**T-Shirt Included!**

EFEX is back for another great year! Come travel on crazy scavenger hunts, wild adventures around town, play amazing games with the staff and talk about the issues that are facing kids in Jr. High. The EFEX staff works hard to create games and activities that students can relate to their lives, all while having a blast.

**Jr. High BBQ Kick-Off, September 27<sup>th</sup>**  
**7:00 pm in the Multi Purpose Room**

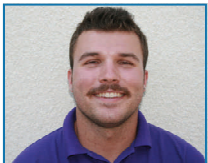
Contact: (CCY) Jennipher Malagon, (818)790-0123 ext 209 or jennipherm@ymcafoothills.org

## TEEN COORDINATORS



**Jennipher Malagon**  
**Youth & Teen Program**  
**Coordinator**

Jennipher has served as a devoted Y staff member for the past 10 years. Her efforts in various teen programs including Youth & Government, Model UN, Camp Fox and Caravan have helped teens grow as individuals and as leaders.



**Cameron Singleton**  
**Youth & Teen Program**  
**Coordinator**

Cameron Singleton has been a part of the Teen Leadership Programs since fall of 2003. He has been deeply rooted in programs such as P.I.L.L.O.T.s, Jr. High EFEX, and Youth & Government. His dedication to the Teen Program stems from the Y's mission statement and core beliefs.

## PILOT

Progressive Individual Leadership of Teens

**Who:** Students in 9<sup>th</sup> - 12<sup>th</sup> grade  
**When:** September 29<sup>th</sup> - June 7<sup>th</sup>  
Thursdays, 7:00 - 8:30 pm  
**Where:** Crescenta-Cañada Family YMCA  
**Sign Ups:** September 12th  
**Fee:** \$105 Facility Member  
\$125 Program Member  
**T-Shirt Included!**

PILOTs is designed to help build leadership skills among our community teens and help them discover more about themselves and others around them. PILOTs was created to offer opportunities for teens to serve their community, city, and county. Through fellowship and hard work PILOTs aims to build spirit as teens discover a deeper meaning for living that is built on compassion, leadership, and service.

Projects are planned each month and can include:

- Preparing sack lunches for the homeless
- Organizing canned food drives
- Creating friendships with local seniors
- Christmas gift adoptions
- Volunteering at local events.

**First Meeting is Thursday,**  
**September 29<sup>th</sup>**

**School required service hours are fulfilled through the PILOT program!**

Contact: (CCY) Cameron Singleton  
(818)790-0123 ext 215 or  
csingleton@ymcafoothills.org